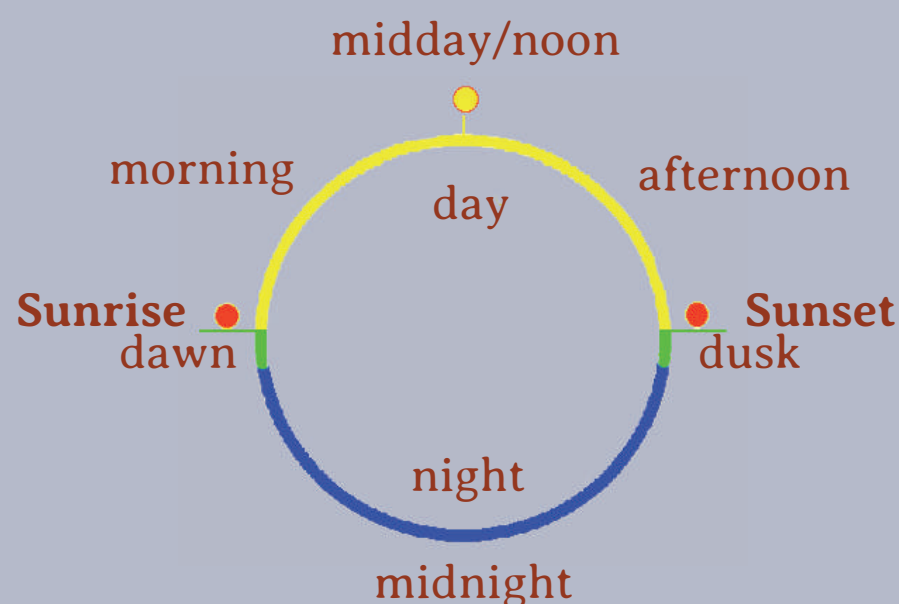




Solar Life

what does it mean:

- 1) **To recognise the supremacy of the Sun over any earthly time-measuring technology.** Be aware that 1 hour, 1 second, Tuesday 12 April, year 2024, 20th century, etc. are cultural conventions, not natural phenomena or facts of natural existence.
- 2) **To be ruled by the Sun, by the cycles and rhythms of sunlight.** Adapt/align the vital, working and social times to the organic cycle of sunlight, which, like a breath, is composed of exhalation/day, inhalation/night and interstices between the two states.



- 3) **Celebrate the solstices and equinoxes** as key energetic moments referring to seasons, new year, etc. according to solar culture.
- 4) **To recognise the Solar Traditions of the Earth,** its cultural legacy and ancestral wisdom.

